

DIAGNOSIS SHEET

1. Pray. Ask God to examine your heart and reveal any wickedness there.
Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me and lead me in the way everlasting. Psalm 139:23-24 NIV
2. Be Honest with yourself and God
3. Check off and circle every area in the section below that applies to you.
4. Confess and Receive Forgiveness.
5. Thank God for deliverance
6. You need to be Born-Again for Holy Spirit to be active in your life.

- ANXIETY/DEPRESSION
- PHYSICAL ABUSE/ANGER/RAGE/WRATH/MALICE/VIOLENCE
- ABORTION/MURDER/CHILD ABUSER
- APATHY/LAZINESS/EXCUSES/PROCRASTINATION
- CARNALITY/WORLDLINESS/MATERIALISM/LOVE OF THE WORLD
- CURSING/VERBAL ABUSE/VULGARITY/CRUDE JOKING
- NEGATIVITY/COMPLAINING/PATRONIZING/SARCASM/RUDENESS
- REBELLION/PRIDE/DISRESPECTFUL OF AUTHORITY, ELDERS & CHILDREN
- CONCEIT/ARROGANCE/KNOW IT ALL/SELF-CENTEREDNESS/ATTENTION SEEKER
- SEXUAL SINS (ADULTERY, FORNICATION, HOMOSEXUALITY, LUST, MASTURBATION, PORN, SEDUCTION)
- UNFORGIVENESS
- JUDGEMENT/CRITICISM/HYPOCRICY/NAME CALLING
- GLUTTONY/GREED/OVERINDULGING ON FOOD/EMOTIONAL EATING

DIAGNOSIS SHEET (continued)

- COVETING/ENVY/JEALOUSY/COMPARISON/COMPETITION
- LYING/GOSSIP/SLANDER
- DECEIT/MANIPULATION/IMPURE MOTIVES/EVIL THOUGHTS

IDOLS

- ASTROLOGY
- YOGA
- FORTUNE COOKIES
- PSYCHICS/PALM READERS/TAROT CARDS
- NEW AGE/METAPHYSICS
- ISIS WINGS
- TRADITIONS (MARDI GRAS, HALLOWEEN)
- GRAVEN IMAGES
 - ANGELS and CROSSES can be idolatrous as well
- PEOPLE (CHILDREN, PARENTS, LEADERS)
- GIFTS, TALENTS, CAREER, MATERIAL THINGS
- YOUR SELF (YOUR IDEAS, OPINIONS, WORLD VIEW)

PRAYER: Lord, help me die daily as I confess my sins to you. Teach me how to sacrifice the things of this world for a closer relationship with you.

TIPS:

Consider getting a prayer journal to study these topics on your own. A good place to start is the Book of Proverbs. Read one chapter a day for 30 days. Write key scripture verses in your prayer book and talk to God about them.